

Helping Hands 5K Age Group Results

Position	Bib #	Name	Start	Finish	Total	Pace	Age	City	State
TOP MALES OVERALL IN 5K DIVISION.									
1	712	MAYES, MATTHEW	09:02:47.740	09:21:48.920	00:19:01.180	6:08	16	LOWGAP	NC
2	49	BOWMAN, JORDAN	09:02:47.625	09:23:11.154	00:20:23.529	6:35	17	MOUNT AIRY	NC
3	974	HARRISON, HUNT	09:02:50.480	09:23:21.787	00:20:31.307	6:37	15	MT AIRY	NC
TOP FEMALES OVERALL IN 5K DIVISION.									
1	125	COX, ALYSSA	09:02:47.649	09:25:03.854	00:22:16.205	7:11	13	MOUNT AIRY	NC
2	325	MARTIN, KRISTEN	09:02:49.681	09:26:03.218	00:23:13.537	7:29	24	ELKIN	NC
3	404	PUCKETT, MADISON	09:02:49.080	09:26:27.536	00:23:38.456	7:37	16	LAUREL FORK	VA
MALE 9 AND UNDER IN DIVISION 5K									
1	621	HODGES, JAYCE	09:04:32.775	09:31:15.213	00:26:42.438	8:37	8	DOBSON	NC
2	566	THOMPSON, TRAVEN	09:03:07.012	09:33:09.576	00:30:02.564	9:41	9	MT AIRY	NC
3	704	INMAN, JORDAN	09:03:19.479	09:39:40.767	00:36:21.288	11:44	8	MT AIRY	NC
MALE 10-14 IN DIVISION 5K									
1	45	BOWERS, ALEX	09:03:42.200	09:25:40.046	00:21:57.846	7:05	13	MOUNT AIRY	NC
2	614	DIXON, PAUL	09:03:02.060	09:25:47.245	00:22:45.185	7:20	14	DOBSON	NC
3	480	TILLEY, DYLAN	09:03:19.044	09:26:50.887	00:23:31.843	7:35	10	TOAST	NC
MALE 15-19 IN DIVISION 5K									
1	160	EASTER, NATHANIEL	09:02:48.875	09:23:29.324	00:20:40.449	6:40	16	MOUNT AIRY	NC
2	726	DRIVER, TOMMY	09:02:56.017	09:25:34.746	00:22:38.729	7:18	19	VIENNA	VA
3	702	MEARS, TANNER	09:02:48.252	09:25:39.177	00:22:50.925	7:22	15	MT AIRY	NC
MALE 20-29 IN DIVISION 5K									
1	567	HALL, MATTHEW	09:02:50.741	09:24:42.614	00:21:51.873	7:03	23	HILLSVILLE	VA
2	417	RUBEN, AREVALO	09:03:06.806	09:26:38.270	00:23:31.464	7:35	28	BOONE	NC
3	742	MAIMES, LOGAN	09:03:15.001	09:28:20.165	00:25:05.164	8:05	22	LOWGAP	NC
MALE 30-39 IN DIVISION 5K									
1	957	TIDD, CHADD	09:02:54.865	09:23:44.666	00:20:49.801	6:43	36	MT AIRY NC	NC
2	431	SELBA, JIMMY	09:02:57.466	09:29:55.308	00:26:57.842	8:42	36	MOUNT AIRY	NC
3	198	GOULAS, FRANK	09:03:10.664	09:30:20.562	00:27:09.898	8:45	34	PILOT MOUNTAIN	NC
MALE 40-49 IN DIVISION 5K									
1	83	CARROLL, JON	09:02:57.507	09:26:39.706	00:23:42.199	7:39	45	KING	NC
2	423	SAWYERS, SCOTT	09:02:58.808	09:29:29.518	00:26:30.710	8:33	45	MOUNT AIRY	NC
3	300	LAYMAN, BRIAN	09:03:57.211	09:31:45.339	00:27:48.128	8:58	43	KING	NC
MALE 50-59 IN DIVISION 5K									
1	975	HARRISON, DAN	09:03:14.252	09:28:23.261	00:25:09.009	8:07	51	MT AIRY	NC
2	741	MARTIN, RICKY	09:02:51.214	09:28:12.739	00:25:21.525	8:11	54	MT AIRY	NC
3	257	HORTON, DAVID	09:02:52.996	09:28:29.229	00:25:36.233	8:15	51	MOUNT AIRY	NC
MALE 60+ IN DIVISION 5K									
1	312	LITTLETON, JIM	09:02:58.261	09:30:30.258	00:27:31.997	8:53	66	MOUNT AIRY	NC
2	714	THOMAS, ARLIS	09:04:58.988	09:44:38.371	00:39:39.383	12:47	65	MT AIRY	NC
3	483	TRACY, JOHN	09:04:22.097	09:45:21.115	00:40:59.018	13:13	60	DOBSON	NC
FEMALE 9 AND UNDER IN DIVISION 5K									
1	333	MAULDIN, SARAH	09:03:01.760	09:27:03.993	00:24:02.233	7:45	9	MOUNT AIRY	NC
2	750	TILLEY, JADYN	09:02:48.602	09:30:30.025	00:27:41.423	8:56	9	DOBSON	NC
3	288	KIDD, CORA	09:04:13.863	09:40:43.133	00:36:29.270	11:46	7	MOUNT AIRY	NC
FEMALE 10-14 IN DIVISION 5K									
1	122	COOKE, HANNE	09:03:04.017	09:28:33.934	00:25:29.917	8:13	13	MOUNT AIRY	NC

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2	586	HORTON, SAIGE	09:03:23.694	09:30:48.615	00:27:24.921	8:50	11	MOUNT AIRY	NC
3	748	SANDERS, TIANA	09:03:00.780	09:30:34.106	00:27:33.326	8:53	11	STATE RD	NC
FEMALE 15-19 IN DIVISION 5K									
1	707	VANHOY, CARLEY	09:02:55.102	09:28:42.416	00:25:47.314	8:19	17	MT AIRY	NC
2	555	SULLIVAN, KAITLYN	09:02:48.208	09:29:56.804	00:27:08.596	8:45	15	MT AIRY	NC
3	703	HUGHES, BREE	09:02:55.045	09:32:13.678	00:29:18.633	9:27	16	MT AIRY	NC
FEMALE 20-29 IN DIVISION 5K									
1	508	WALL, MEILSSA	09:02:47.668	09:27:41.327	00:24:53.659	8:02	28	ARARAT	VA
2	150	DUNN, BROOKLYNNE	09:03:07.106	09:30:42.346	00:27:35.240	8:54	24	MOUNTAIN CITY	TN
3	355	MIHELICIC, CHRISTINE	09:04:06.648	09:31:59.716	00:27:53.068	8:59	23	MOUNT AIRY	NC
FEMALE 30-39 IN DIVISION 5K									
1	57	BRANCH, AMANDA	09:02:52.715	09:27:45.396	00:24:52.681	8:01	38	KING	NC
2	503	VERNON, MELISSA	09:03:14.923	09:29:54.269	00:26:39.346	8:36	34	CANA	VA
3	749	TILLEY, REBEKA	09:02:49.058	09:31:08.180	00:28:19.122	9:08	37	DOBSON	NC
FEMALE 40-49 IN DIVISION 5K									
1	121	COOKE, LONE	09:03:04.158	09:28:34.781	00:25:30.623	8:14	40	MOUNT AIRY	NC
2	477	THOMPSON, LISA	09:02:58.144	09:29:38.632	00:26:40.488	8:36	46	ARARAT	VA
3	467	TATE, KATHERINE	09:02:56.023	09:29:37.580	00:26:41.557	8:36	46	MOUNT AIRY	NC
FEMALE 50-59 IN DIVISION 5K									
1	346	MCLAMB, DONNA	09:02:49.947	09:34:13.462	00:31:23.515	10:07	53	DOBSON	NC
2	415	RODGERS, TAMMY	09:02:53.660	09:38:12.056	00:35:18.396	11:23	51	KING	NC
3	64	BRINDLE, RUTHIE	09:03:37.662	09:38:58.477	00:35:20.815	11:24	59	ELKIN	NC
FEMALE 60+ IN DIVISION 5K									
1	236	HAYNES, MARIE	09:03:08.216	09:39:30.517	00:36:22.301	11:44	64	MOUNT AIRY	NC
2	147	DOWELL, JULIA	09:02:59.273	09:44:27.151	00:41:27.878	13:22	65	CANA	VA
3	15	ATKINSON, JUDY	09:05:20.149	09:46:55.049	00:41:34.900	13:25	62	MOUNT AIRY	NC