

MIXED AGE GROUP RESULTS
 2014 Run for the Rams 5K
 Booneville, NC 05/31/2014 9:00 am Overcast, 64 degrees.
 Directed by: Dale Draughn
 Sponsored by: Starmount Soccer

OVERALL FEMALE 5K RESULTS - TOP 2

Place	No.	C	NAME	City, State	Ag	S	Time	Pace
1.	24	3	Tiana Sanders	STATE ROAD, NC	11	F	18:02	5:49
2.	22	3	Heather Courts-Tysinger	CLEMMONS, NC	38	F	18:29	5:57

OVERALL MALE 5K RESULTS - TOP 2

Place	No.	C	NAME	City, State	Ag	S	Time	Pace
1.	27	3	Nathan Beamguard	HAMPTONVILLE, NC	42	M	20:33	6:37
2.	14	3	Steven Mosteller	HAMPTONVILLE, NC	44	M	18:55	6:06

MIXED 5K AGE GROUP: 1 - 10

Place	No.	C	NAME	City, State	Ag	S	Time	Pace
1.	9	3	Ethan Sizemore	MOUNT AIRY, NC	10	M	35:19	11:22
2.	20	3	Corban Pruitt	NORTH WILKESBORO, NC	9	M	45:26	14:38

MIXED 5K AGE GROUP: 11 - 14 ** NONE **

MIXED 5K AGE GROUP: 15 - 18

Place	No.	C	NAME	City, State	Ag	S	Time	Pace
1.	17	3	Sarah Wagoner	BOONVILLE, NC	15	F	37:01	11:55

MIXED 5K AGE GROUP: 19 - 24

Place	No.	C	NAME	City, State	Ag	S	Time	Pace
1.	13	3	Danielle Mosteller	HAMPTONVILLE, NC	20	F	31:30	10:09
2.	10	3	Olivia Hollbrook	EAST BEND, NC	23	F	38:17	12:20

MIXED 5K AGE GROUP: 25 - 29

Place	No.	C	NAME	City, State	Ag	S	Time	Pace
1.	32	3	Matthew Miller	BOONVILLE, NC	27	M	29:31	9:30
2.	8	3	Crystal Reid	MOUNT AIRY, NC	27	F	32:19	10:25

MIXED 5K AGE GROUP: 30 - 34

Place	No.	C	NAME	City, State	Ag	S	Time	Pace
1.	21	3	Timothy Pruitt	NORTH WILKESBORO, NC	33	M	19:06	6:09
2.	15	3	Ryan Norman	BOONVILLE, NC	30	M	29:45	9:35
3.	31	3	Amanda Adams	JONESVILLE, NC	30	F	30:23	9:47
4.	4	3	Alicia Billings	ROARING RIVER, NC	32	F	31:11	10:03
5.	5	3	Rosanna Teal	JONESVILLE, NC	32	F	31:51	10:15
6.	11	3	Nicole Miller	BOONVILLE, NC	30	F	37:46	12:10

MIXED 5K AGE GROUP: 35 - 39

Place	No.	C	NAME	City, State	Ag	S	Time	Pace
1.	23	3	Steven Tysinger	CLEMMONS, NC	37	M	30:25	9:48
2.	12	3	Tracy Vestal	JONESVILLE, NC	36	F	30:38	9:52
3.	3	3	Heather Whitley	ELKIN, NC	37	F	35:02	11:17

MIXED 5K AGE GROUP: 40 - 44

Place	No.	C	NAME	City, State	Ag	S	Time	Pace
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MIXED 5K AGE GROUP: 45 - 49

1.	25	3	Ruth Vanhoy	JONESVILLE, NC	45	F	30:51	9:56
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MIXED 5K AGE GROUP: 50 - 54

Place	No.	C	NAME	City, State	Ag	S	Time	Pace
1.	28	3	Gary Haynes	JONESVILLE, NC	54	M	32:25	10:26

MIXED 5K AGE GROUP: 55 - 59

Place	No.	C	NAME	City, State	Ag	S	Time	Pace
1.	26	3	Ricky Vanhoy	JONESVILLE, NC	57	M	53:00	17:04

MIXED 5K AGE GROUP: 60 - 99

Place	No.	C	NAME	City, State	Ag	S	Time	Pace
1.	29	3	Linda Laughlin	THURMOND, NC	62	F	31:16	10:04
2.	30	3	Roger Norman	THURMOND, NC	66	M	41:39	13:25